



## **Gluten Free Menu**

### **Almost Chicken Cordon Bleu:**

Ingredients: Ham, Brie, and Chicken. Sprinkled with a dash of Ric's Italian Seasoning. Egg wash and grated Parmesan Cheese.

### **Chicken & Rice Bake:**

Ingredients: Chicken, Rice, Mushroom Sauce. Sprinkled with Black Pepper and Ric's Italian Seasoning.

### **Grilled Glazed Chicken Breast:**

Ingredients: Chicken Breast, Brown Sugar, Cider Vinegar, Maple Syrup, Dijon Mustard and Apple Cider

### **Cheesy Chicken Bake:**

Ingredients: Chicken sprinkled with a small pinch of Pepper, Thyme, and Basil. Covered with Cheese and Mushroom Sauce.

### **Chicken & Rice Bake:**

Ingredients: Chicken & Rice covered with Mushroom Sauce. Sprinkled with Black Pepper and Ric's Italian Seasoning.

### **Chicken Fettuccini Alfredo:**

Ingredients: Chicken & Fettuccini covered with Alfredo Sauce made with corn starch. Sprinkled with Parmesan Cheese, Basil and Black Pepper.

### **Chicken Kiev:**

Ingredients: Chicken & Ricotta Cheese, minced Garlic, Softened Butter, Basil, Nutmeg, Sage, Rice flour, Egg wash, Parmesan Cheese.

**Chicken Pizza:**

Ingredients: One Pizza Crust, Chicken, Sauce, Parmesan, fire roasted Red Peppers, Bell Peppers, Mushrooms, Sun-Dried Tomatoes. Covered with Mozzarella Cheese and sprinkled with Basil.

**Cranberry Chicken Pot:**

Ingredients: Chicken, Black Pepper, Baby Carrots, Diced Onions, Cranberry Sauce and our homemade BBQ Sauce (tomato sauce, onion, garlic, lemon juice, unsulfured molasses, cider vinegar, salt, mustard, crushed).

**Grilled Tomato-Basil Chicken:**

Ingredients: Chicken, Blended Tomatoes, Balsamic Vinegar, Ground Basil, Black Pepper and Salt.

**Honey-Mustard Chicken:**

Ingredients: Chicken, Dried Thyme, Chili Powder, Black Pepper, Garlic, Dijon Mustard and Honey.

**Orange-Lemon Chicken:**

Ingredients: Chicken, Orange Juice, minced Garlic, Chili Powder, Honey, Corn Starch and Lemon.

**Stuffed Chicken Breasts:**

Ingredients: Chicken Breast stuffed with Ricotta Cheese, Sun-Dried Tomatoes, Basil, Garlic and chopped Spinach.